

Happy, Healthy Me!

Autumn 1

- The Very Hungry Caterpillar
- The Busy Body Book
- Which Food Will you Choose?
- The Colour Monster: A Story About Emotions
- Funnybones

This half term, we will be enjoying lots of stories that follow our topic of 'Happy, Healthy Me!'

We will be finding out about what our bodies are made up of and the different things they need.

We will immerse ourselves in the stories we share and use this to help us with our learning.

We will talk about how to stay healthy and why it's important. As part of our learning, we will focus on doing things that make us happy.

Visitors:

As we begin to return to normal, we would like to invite visitors into school to enhance our learning. We would love to welcome in families who work in a range of different professions including nursing/ health/ wellbeing and dentistry.

Learning Experiences:

We will begin to learn all about our incredible bodies, including what they're made up of and how they work. We will begin to name (anatomically correct) all main external body parts. As well as this, we will be able to name and locate some of our body's main internal organs.

We will learn all about the basic needs for both humans and animals including: food, shelter and water. Alongside this, we will be thinking carefully about how we can keep ourselves happy and healthy. We will talk about the importance of sleep, friendships and healthy eating.

As part of being healthy, we need to understand how to keep ourselves and others safe. We will of course be settling in to the new rules and routines within our school environment but, we will also be learning about how to stay safe when we're out in our local area, including road safety.

Key Vocabulary:

We believe that talk is the foundation of all of our learning. We will always seek opportunities to discuss and explore new ideas. Furthermore, we will extend our vocabulary through our learning and our play. We will learn many new words as we discover new topics and ideas. For example: shoulder blade, thigh, shin, nostril, ear lobe, pupil, bones, muscle, blood vessels, heart, lungs, bladder, brain, injury, fracture, wound, pelican crossing, zebra crossing, traffic, pedestrian, vehicles

Values:

We will focus on the value of Resilience this half term. Having settled into our new classroom and new routines, we will work together on our resilience, perseverance, independence and problem solving strategies. We will do this through team building, games and daily activities.

Phonics and Early Reading:

We will introduce new stories whilst also enjoying stories that are familiar. We will begin to build up a repertoire of familiar songs that we can enjoy regularly.

During both indoor and outdoor learning, we will be encouraged to listen carefully to what sounds we hear as well as going on listening walks.

Role Play:

Our home corner is where children feel safe to play and begin to establish relationships with the children in their new class. This will allow staff to get to know children, families and the children's home environment.

We will begin by setting up a small replica of a house including kitchen, sitting room and dining room. We will add to this across the term to make it a homely and fun place to spend time.

Big Maths:

We will be introduced to the concept of 'more than' and use this to help us in comparing small sets of objects. We will think carefully when building and constructing, with blocks and loose parts, giving thought to the properties of the materials we are using. We will demonstrate our understanding of commonality when joining in with activities requiring us to match pairs. During our child initiated play, we will be introduced to and begin to process some simple positional language.

Nursery